

# THINGS TO BRING

## to Karate Training Camp

Upon arrival, please come to the dining hall to check in, you will receive cabin assignments and be directed from there.



### CAMPING ITEMS:

- Flashlight!
- Sleeping bag or twin sheets
- Blankets & pillow
- Sunscreen & Bug Spray
- Camp/Lawn Chair to sit and watch training and/or movie

- Wire Hangers for S'mores
- Marshmallows & Chocolate (we will provide a campfire & graham crackers)
- Maybe an extra blanket (great for movies)



### CLOTHING & TOILETRIES:

- Multiple T-shirts, in case you get dirty
- Shorts & Long Pants - weather can change
- Jacket - in case it gets cold
- Tennis Shoes & Socks \*Closed toe shoes for Horseback Riding

- Dobok & Belt (If possible, bring an extra dobok that can get dirty)
- Clothes to sleep in (shorts & t-shirts, cabins may be mixed)
- Toothpaste/Toothbrush
- Deodorant, Shampoo, Soap
- Washcloth, Towels

### MISCELLANEOUS ITEMS:

- Extra Snacks (optional)
- Necessary Medications
- Baseball Gloves & Bats for Game on Saturday (optional)

- Cup for "to go" drinks from Dining Hall
- \*You will need a drink for Movie Time
- Wagon to carry your items

Reminder:  
Dinner will not be served Friday night.  
Please eat dinner before arriving to camp.

