

## 23rd ANNUAL TRAINING CAMP SCHEDULE

### Friday, March 28, 2025

- 6:00pm or Later      Check-In at Dining Hall & Take your stuff to your cabin  
Parents please remember you are responsible for supervising your children at this camp  
Dinner will NOT be served Friday night. Please eat before you arrive, or bring something
- 6:00 - 8:00 pm      Take luggage to cabins &      Explore the camp site
- 6:30 - 7:30 pm      Pipeline slide open
- 8:00 - 8:45 pm      Karate Training      at the Art Center  
Wear dobok, shoes can be worn
- 8:45 pm      Group Meeting (Mandatory!)      in Dining Hall  
If You have checked in at Camp...  
Don't be late for this meeting! Black Belt & Staff Meeting following Group meeting
- 9:00 pm      Campfire and Smores by the Cabins

Everyone in their cabin by Midnight!

### Saturday, March 29, 2025

- 7:00am      (optional)      Breathing Exercises - taught by SBN Davis      at Canoe Dock  
Wear Dobok  
7 am sharp...being late is an interruption to this activity  
Parents are welcome to join in
- 8:00am      Breakfast
- 8:45am      Group Photo      Parade Lawn  
Wear Dobok      behind Cafeteria
- 9:00am      Walk to the Rock Quarry  
Escrima Sticks
- 10:30am      Break  
Water will be available at the Athletic Field
- 11:00am - 12:00pm      Ground Fighting - taught by SBN Christian      at the Athletic Field  
Wear Dobok
- 12:00pm      Lunch  
Put on Camp T-shirt!

1:00pm - 5:30pm      Recreational Time, or Rest Time!  
 Specific activity times may change as we get closer to camp

|                 |          |  |
|-----------------|----------|--|
| 1:00 pm-5:30 pm | Zip Line | At Athletic Field:                                     |
| 1:00 pm-5:30 pm | Canoes   | 3:15pm Kickball Game (attending parents help organize) |
| 1:00-3pm        | Archery  | Kids = 10yrs & under                                   |
| 3:30-5:30pm     | Rifles   | 4pm Adult Softball Game                                |
|                 |          | Adult = 11yrs & up                                     |
|                 |          | Please bring equipment if you have it                  |

Horseback Riding-1 hour trailride  
 Must be 7 yrs old & up and weigh under 225lbs. Wear long pants & closed toe shoes  
 \*\*Horseback Riding must be purchased before camp - \$30\*\*  
 If purchased, you will be assigned a ride time: 1:00pm or 2:30pm.  
**Please go early, it is across the street**

6:00pm      Dinner

7:00pm      Outdoor Movies Night!      Arts & Science Center  
 Kid friendly movie will be shown outside for the entire family! Later... some of the adults & teens will watch a "scary movie"  
 The later movie is NOT recommended for children.  
 We will provide popcorn & candy! Bring drinks if you want

Everyone in their cabin by Midnight! Unless you are cleaning up after the movies

Sunday, March 30, 2025

|                      |  |                |
|----------------------|--|----------------|
| 7:30am    (optional) | Early Morning Church Service<br>SBN Davis  | Weekley Chapel |
| 8:00am               | Breakfast  |                |
| 8:45am - 9:45am      | Training & Camp Certificates<br>Taught by SBN Davis & Christian<br>Wear street clothes | at Parade Lawn |
| 10:00am              | Pack Up Belongings & Clean Out Cabins<br>Leave it Better than you Found It!            |                |
| 11:00am              | Cabins Empty   |                |